



Snowquestration

Aaron Chisolm of Chantilly takes advantage of the snow day by sledding in his neighborhood on March 6.

PHOTOS BY DEB COBB/CENTRE VIEW

'Respect Each Other, Do the Right Thing'

Gen. Colin Powell visits namesake school.

BY BONNIE HOBBS
CENTRE VIEW

Lots of schools are named after famous people — but it's not every day that the actual person whose name is on the building pays its students a visit. That's what happened Monday, March 4, at Colin Powell Elementary.

Retired, four-star general and former Secretary of State Colin Powell came there to speak to the students as part of the school's

10th-anniversary celebration. He first talked to kindergartners and first-graders in the cafeteria and then addressed the other grade levels in the gym.

In return, the students gave him a warm welcome. As he stood before the youngest ones, they sang to him a song including the words, "Welcome to our school; we hope you like it here."

Powell said it was his "great pleasure" to be there and thanked them for singing to him. "It's also my school and I'm very proud of it," he said. "I was here 10 years ago, when it opened up." He then had the students try to guess his age — which, in their estimation,

SEE GEN. POWELL, PAGE 4

A Helping Hand

Mountain View students volunteer at family shelter.

BY BONNIE HOBBS
CENTRE VIEW

During Mountain View High's Day of Service, last Friday, March 1, students fanned out throughout the Centreville community to lend a hand with various projects.

They helped clean up the Centreville Historic District and E.C. Lawrence Park, read to students at Centre Ridge and Colin Powell elementary schools, did math with students at Centreville Elementary and held a blood drive



PHOTO BY BONNIE HOBBS/CENTRE VIEW

Senior Maricela Avelar prepares to pick up trash in the back yard.

SEE MOUNTAIN VIEW,
PAGE 10

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NEWS

‘Everyone Needs a Helping Hand’

Wounded veteran Justin Constantine addresses Mountain View students.

BY BONNIE HOBBS
CENTRE VIEW

Two years ago, Marine veteran and Purple Heart recipient Justin Constantine shared his personal story with Mountain View High students. Severely injured during the War in Iraq, he had a long road to recovery and now helps other wounded veterans.

“I joined the Marines in 1997, when I was still in law school,” he said. “In 2006, I was single at the time and volunteered to go to Iraq. Six weeks after I got there, I was shot in the head. But I was fortunate to have made an amazing recovery, and I’ll spend the rest of my life thanking all the volunteer organizations who were there for me.”

Last Friday, March 1, the City of Fairfax native returned to Mountain View to address the students about the importance of volunteer work and community service. They then went through the local community doing several projects.

“If you give volunteer work a chance, you’re going to walk away a better person because of your participation,” said Constantine, now a lieutenant colonel. He told the students how, years ago, he’d worked at an animal shelter in Colorado and, later, donated blood several times in Virginia and California.

“After I was shot in Iraq, I needed several blood transfusions,” he said. “So I’ve also been on the receiving end and was able to say, ‘Thank you for saving my life.’”

Describing his volunteer experience, Constantine said he was even part of a team that cleaned a

hoarder’s house in Alexandria. “It took a dozen of us all day,” he said. “We painted walls and cleaned the floors. I’ve also participated in clothes and food drives and done park-beautification efforts. And I currently mentor a fourth-grader with a tough life.”

He also helped out after Hurricane Sandy. “My wife and I drove to New York doing disaster relief,” he said. “The houses were completely destroyed by the wind and sand; it reminded me of what Iraq looked like six years ago.”

Constantine said it was “great knowing we’d helped people who couldn’t do it on their own. There’s something special about doing your little part and making the world a better place. And you’re not doing it for the recognition, but just to help someone else.”

He said students should volunteer from the goodness of their hearts and because it’s the right thing to do. “Don’t think of it as charity work,” said Constantine. “Think of it as an exchange be-

cause, at some time, everyone needs a helping hand. After I was shot, I needed others to help me. One day, you may be on the receiving end of someone else’s volunteer work. So you should go out and make a difference everywhere you can.”

“You may feel like you’re doing your civic duty or volunteering for academic credit,” he continued. “But when you decide to impact the community, you make a choice what effect it will have. You can paint graffiti on a building or clean it up.”

Constantine then gave the students five tips on being a successful volunteer:

- ❖ “Start with what you can do and be realistic,” he said. “Go from easy to more challenging to lay a solid foundation for future progress.”

- ❖ “Don’t overburden yourself, because you’ve got lots of other things to do, too.”

- ❖ “Keep your promises, even if they were trivial ones. Keep your word — do what you’ve said you’ll do. No one receives help just because they want it, but because they need it. And keep your promises to

children, too, because kids are counting on you. So establishing a trusting relationship is key to successful volunteering.

- ❖ “Don’t receive money or goods for your volunteer work. And don’t give them to others for what they volunteer to do.”

- ❖ “Learn from your activities. In volunteering, you’ll learn from those you help and it’ll lead to your own, personal development and self-fulfillment. For example, when I helped a 90-year-old woman in New York, I learned a lot about New York at the turn of the century from her. She also told me that, when her 50-year-old son heard Hurricane Sandy was coming, he packed up, went to Florida and left her alone. So that made me want to work even harder to help her.”

Constantine told the students that, when they’re ready to apply



Lt. Col. Justin Constantine.

BONNIE HOBBS/CENTRE VIEW

‘I Say, Why Not Me?’

When Justin Constantine was through talking to Mountain View High students last Friday about the value of service, he let the students ask him questions.

Referring to Constantine’s injury during the War in Iraq, a teacher said one of her students wanted to know why he’s not angry after what happened to him.

“I don’t hold anger toward the sniper who shot me because I was prepared to do the same thing to him,” replied the Marine veteran. “It was war, and we were both doing our jobs. Instead of saying, ‘Why me?’ I

say, ‘Why not me?’ If it wasn’t me, it would have been someone else.”

He’s now on the board of the Wounded Warrior Project. “I’ve had 20 surgeries, and they gave me a T-shirt when I was in the hospital,” he said. “They came by to let me know they cared about me. The Wounded Warrior Project concentrates on those deployed to Iraq and Afghanistan after 9/11, and their families, to make sure this generation of warriors will be the most integrated and well-treated generation of veterans ever.

— BONNIE HOBBS

VDOT Virginia Department of Transportation

Walney Road Widening Fairfax County

Find out about plans to widen Walney Road from two to four lanes near Willard Road, and from three to four lanes near Dallas Street to help relieve congestion and provide bicycle and pedestrian facilities.

Review project information at www.virginiadot.org or at VDOT’s District Office at 4975 Alliance Drive, Fairfax, Virginia 22030. Please call ahead at 703-259-2918, 800-367-7623 or TTY/TDD 711 to ensure appropriate personnel are available to answer your questions.

If your concerns cannot be satisfied, VDOT is willing to hold a public hearing. You may request that a public hearing be held by sending a written request to Mr. Leonard Siegel, P.E., Virginia Department of Transportation, at the above address on or prior to **March 15, 2013**. If a request for a public hearing is received, notice of date, time and place of the hearing will be posted.

Pursuant to the National Environmental Policy Act and 23 CFR 771, an environmental document in the form of a Categorical Exclusion was prepared and will be available for review. In compliance with the National Historic Preservation Act, Section 106 and 36 CFR Part 800, information concerning the potential effects of the proposed project on properties listed in or eligible for listing in the National Register of Historic Places is also available.

VDOT ensures nondiscrimination and equal employment in all programs and activities in accordance with Title VI and Title VII of the Civil Rights Act of 1964. If you have questions or concerns about your civil rights in regards to this project or special assistance for persons with disabilities or limited English proficiency, contact the VDOT manager listed above.

State Project: 0657-029-963,P101,R201,M501 Fed. RSTP-5A01(333) UPC: 102105
 State Project: 0657-029-039,P101,R201,M501 Fed. RSTP-5A01(333) UPC: 103735

Get Naturalization Information

A naturalization information session for legal, permanent residents and interested naturalization applicants is slated for March 7, from 7-9 p.m., at the Centreville Regional Library, 14200 St. Germain Drive in Centreville.

Topics covered at this free session will include the naturalization process and test, plus the rights and responsibilities of U.S. Citizenship. For more information on U.S. citizenship, visit www.uscis.gov/citizenship.

Check Those Smoke Alarms

This Saturday, March 9, from 9 a.m. to noon, firefighters will canvass homes in selected neighborhoods throughout Fairfax County, checking for working smoke alarms, and provide family fire-escape plans for residents. More than 3,000 people in the U.S. die in home fires each year, and most are in homes without a working smoke alarm. A working, properly installed smoke alarm lowers the chances of this happening.

Time to Spring Forward

It's only March, but Daylight Saving Time arrives this Sunday, March 10, at 2 a.m. So before residents go to bed Saturday night, they're advised to turn their clocks, watches and other applicable devices ahead one hour.

County, FCPS Budget Meeting

A Sully District Town Hall meeting with Supervisor Michael R. Frey (R-Sully) and Sully District School Board representative Kathy Smith is set for Wednesday, March 13, at 7 p.m. The topics are the Fairfax County and FCPS 2014 budgets. The meeting will be held in the little theater of Rocky Run Middle School, 4400 Stringfellow Road in Chantilly.

Co-hosts are the Western Fairfax County Citizens Association and the Sully District Council of Citizens Associations. On hand will be budget staff from both the county and the school system.

Meet the K-9 Unit

"Behind the Scenes with the K-9 Unit" — an up-close and personal view of some four-legged officers and their handlers — is the topic of the next meeting of the Sully District Police Station's Citizens' Advisory Committee. It's set for Wednesday, March 13, at 7:30 p.m., in the Sully District Governmental Center, 4900 Stonecroft Blvd. in Chantilly.

Free Carseat Inspections

Certified technicians from the Sully District Police Station will perform free, child safety carseat inspections Thursday, March 14, from 5-8:30 p.m., at the station, 4900 Stonecroft Blvd. in Chantilly. No appointment is necessary. But residents should install the child safety seats themselves so technicians may properly inspect and adjust them, as needed.

However, because of time constraints, only the first 35 vehicles arriving on each date will be inspected. That way, inspectors may have enough time to properly instruct the caregiver on the correct use of the child seat. Call 703-814-7000, ext. 5140, to confirm dates and times.

Pleasant Valley / Braddock Road Meeting

One of the most traffic-crammed intersections in the area is where Pleasant Valley and Braddock roads meet, outside Cox Farms in Centreville. So on Monday, March 18, at 7 p.m., Supervisor Michael R. Frey (R-Sully) is hosting a public meeting to discuss conceptual improvements to this intersection. The meeting will be held in the **Sully District Governmental Center, 4900 Stonecroft Blvd. in Chantilly.**

Last year, the Commonwealth Transportation Board (CTB) al

SEE ROUNDUPS, PAGE 6



PHOTOS COURTESY OF CHARLOTTE YAKOVLEFF

Standing, from left, are Director Charlotte Yakovleff, Helen Rusnak, Lynne Strang, Charles Hoffman, Fred C. Lash, Jolanda Janczewski, James Manchester, Terri Grimes-Marín and Teri Pierce. Kneeling, from left, are Stephanie Lawrence, Eric Rogotsky and Nichole Klocke de Rodriguez.

'Unique Concept with Creative Twist'

Clifton Dinner Theater presents "Murder Me Always."

BY BONNIE HOBBS
CENTRE VIEW

Mystery, intrigue and laughs are all on the menu when the Clifton Dinner Theater presents its new show, "Murder Me Always."

Performances are slated for March 14-16, at the Clifton Town Meeting Hall, 12641 Chapel Road in the Town of Clifton. Shirley's Catering of Clifton is providing the dinner, all three nights, and wine and beer will be available.

Tickets for dinner and the show are \$35 for Thursday, March 14, and \$40 for Friday-Saturday, March 15-16. Doors open at 7 p.m. for cocktails; dinner and the show begin at 8 p.m. Tickets may be purchased at Clifton businesses T&K Treasures, Clifton Cafe, A Flower Blooms in Clifton, and The Clifton Wine and Tasting Shoppe.

"There's a play within the play," said Clifton's Lynne Strang. "It's a humorous murder mystery with lots of local references. The story's about a community-theater group working on a murder mystery called 'Murder Me Always.' And in the middle of it, there's a real murder of a cast member. So then the task is to figure out who the real murderer is."

Each actor has a role in the show and in the play within a play; Strang portrays Felicia Fontaine. "She's a rather pompous, self-important woman who thinks a lot of herself," said Strang. "In the theater-group's play, I play Agatha Swanwallow, a wealthy heiress having a party in honor of her protégé, Ruby, who's just landed a new job. But after the murder, all the actors become suspects, and a couple detectives try

to figure out who did it."

Stang likes playing Felicia because she's so different from herself. "She's got a distinctive personality, so that gives me a lot to work with," said Stang. "I get to change the way I look and speak."

She said the play's fun because "There's music and humor and it's fast-paced. The audience will enjoy the action scenes, and it's also interactive. The audience members are the party guests; and later, they'll try to figure out amongst themselves who did it, so

SEE DINNER THEATER, PAGE 6



From left: Jolanda Janczewski, Helen Rusnak and Terri Grimes-Marín rehearse a scene from "Murder Me Always."



PHOTOS BY DEB COBB/CENTRE VIEW

Standing with Gen. Colin Powell are Colin Powell Elementary SCA Officers (from left) Eugene Kim, historian; Noah Tran, vice president; Joshua Valentino, president and Sahithi Mankala, secretary.



From left: Former Colin Powell Elementary Principal Brian Hull; Cluster VII's Eric McCann and Linda Burke; School Board members Elizabeth Schultz, Ted Velkoff, Kathy Smith and Ilryong Moon; FCPS Superintendent Jack Dale and retired Gen. Colin Powell listen to school Principal Linda Clifford speak.

Gen. Colin Powell Visits His Namesake School

FROM PAGE 1

was somewhere between 30 and 70. "In four weeks, I'll be 76 years old," said Powell. "But I still remember being in kindergarten and first grade at P.S. 20 in New York City, in the Bronx. They told me I had to behave because I lived in a tough neighborhood. They said, 'You have to make sure you mind your teacher, pay attention and are ready to learn.'"

Here, too, he told the students, "Your teachers come to school to give you their love and care and teach you what they know because you're important. Someday, you'll be leaders in Fairfax County and in your country. So make sure you don't misbehave, and always do the right thing and take care of and respect each other."

Telling them, "We have high expectations for all of you," Powell said he believes English and reading are the most important things for them to learn at their ages. "Once you know how to read, you're able to speak better, write more effectively and learn other things," he said. "So make sure to read every day at school and before you go to bed at night."

Although none of these children were born when he came to their school a decade ago, Powell said he's proud of them all. He then had them applaud their teachers and sing the welcome song to him again. And as he sang it with them, he changed

the wording to, "Welcome to my school."

Then, moving to the gym, he addressed an audience including school Principal Linda Clifford; FCPS Superintendent Jack Dale; former Colin Powell Principal Brian Hull – who opened the school; School Board members Kathy Smith, Elizabeth Schultz, Ilryong Moon and Ted Velkoff; plus Cluster VII Assistant Superintendent and Director, respectively, Linda Burke and Eric McCann.

The school band played "America" and "The Star-Spangled Banner," plus "You Raise Me Up" in tribute to their teachers. For Powell, fourth-graders sang, "It Starts with Me," and students and staff all sang the school song.

"There are very few people in the world who have the genuine admiration and respect that Colin Powell does," said Dale. "And what a great opportunity and honor [it is] to have him here. He's a true statesman, and I want to say thank you, General, for your work."

When Powell first came there, 10 years ago, said Clifford, the school had just 633 students, but now has more than 1,100. She also noted that the school motto is "Learning today and leading tomorrow."

To the children, Clifford said, "We must continue to shape the dreams we have for our school, and all of us are here to help you learn and grow and become the very best people you can be. Gen. Powell is a strong supporter of education and he knows



The Colin Powell Elementary School band performed many selections during the school's 10th anniversary celebration, including "You Raise Me Up." General Colin Powell, USA (Ret.), in whose honor the school was named, was a special guest.

it takes sweat, determination and hard work to achieve your dreams."

Then it was Powell's turn to speak. "I was a soldier for 35 years and U.S. Secretary of State for four years, so I've done a lot of public service," he said. "But the most important part of my life now is working with young people. I have seven or eight schools named after me, throughout the country — and all those medals I have don't mean as much to me as seeing my name on a school and knowing that the next generation will be educated in schools that bear my name." He told the students the most valuable

thing they leave to the world is their good reputation, good works and the next generation of leaders. He also spoke about his background. Powell's parents came from Jamaica and met and married in New York. His sister Marilyn taught school for 40 years.

"I wasn't a good student, but I got enough of an education to compete with others in the Army," he said. "This school has a lot invested in you, and you need to take advantage of this opportunity. You have no greater responsibility than to accept this education you're being given."

Powell also told the children to get along with their fellow students and respect each other's dignity. He said no student is more important than another one, so they should show love and be kind to every child in their school.

"Read and write as often as you can," he said. "If you don't have a command of the language, you can't learn science and math. [And when you choose a career someday], do what you love to do and do it well. Mind your teachers and learn all you can. I'm so proud to be here today, and I hope I can come back to this school more frequently in the years to come."

"I congratulate Colin Powell on 10 years of educating the next generation of leaders," continued Powell. "And I thank the school board for its investment in this school, and Linda Clifford for leading it so well."

Powell Makes Impression on Students and Teachers

Students and staff at Colin Powell Elementary were pleased to have their school's namesake come for a visit on Monday.

"I think it was an exciting opportunity to hear him speak today," said fifth-grade teacher Erin Azero afterward. "It was wonderful for the students to receive motivation from him and to know they can achieve their dreams just like Colin Powell did."

"It was really nice of him to come because

he's a really cool person," said fourth-grader Abby March. "It was really exciting. I learned that he had to go to public school and a lot of schools are named after him."

Classmate Nicole Iodice said it was a good visit. "It's nice to see the person your school's named after and hear what he thinks of it," she said. "It's a great honor." Nicole said the most important thing Powell told them is that "education is important. He said he wasn't the best student in school,

but still grew up to have a good job."

Fifth-grader Vynie Chen liked hearing about Powell's family. She said his visit was exciting because "I've never met a famous person before."

As for fourth-grader Caesar Orozco, what made the biggest impression on him was Powell's focus on education. "He said to always listen to your teachers," said Caesar. "I liked how he inspired us to keep learning."

"Our entire school was honored to have Colin Powell be our guest speaker," added Principal Linda Clifford. "[He] affirmed the attributes that are important for all of us as citizens. In speaking with children throughout the day, they had many wonderful comments about Gen. Powell's visit. As one child excitedly shared, 'He even shook my hand.'"

— BONNIE HOBBS

SCHOOLS

Come and 'Party Around the World'

Chantilly High holding International Night, March 13.

Chantilly High will celebrate the culture, diversity and talent at its school with its annual International Night. Called "Party Around the World," the event is slated for Wednesday, March 13, at 7 p.m., in the school auditorium. Tickets are \$5 at the door.

The program is a talent show featuring 43 performers in a variety of entertaining acts from 11 different countries — India, Bolivia, El Salvador, Mexico, Guatemala, Ecuador, Korea, Taiwan, China, Zimbabwe and America.

The acts will include the following: Traditional and modern Indian dancing, Bolivian folkloric dance called Caporales, modern and traditional Hispanic dancing, break dancing and hip-hop routines, Korean singers and a Korean rock band.

Also on tap will be a demonstration of the Chinese martial art of Wushu, a rap performance combining students representing both Zimbabwe and America, Korean

pop dancers, and a song played on the hulusi, or cucurbit flute — a musical instrument from Southeast China. It's a free-reed, wind instrument held vertically and having three bamboo pipes.

Performing Arts Department Chairman Shannon Khatcheressian is directing the show; the emcees will be seniors Devyn Tinker and Roshni Gorur.

"The students prepared three-minute pieces for their auditions," said Khatcheressian. "Then, after the show was cast, I worked with each act to ensure they're at the top of their game for the performance."

"It is always such a treat to direct this show, as I learn so much from the kids about the music and culture of their countries," she said. "The performers are so dedicated at rehearsals, and it really is an incredible opportunity to showcase not only the amazing talent at Chantilly, but the diversity at our school."

— BONNIE HOBBS



PHOTO BY DEB COBB/CENTRE VIEW

At last year's International Night, members of the group Sadaf performed traditional Afghan dances incorporating several Afghan styles. Members of the group: Sahar Jawadi, Elhaam Jawadi, Nella Sharfa and Farishta Abbsasi.

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Dinner Theater Presents 'Murder Me Always'

FROM PAGE 3

they'll be engaged throughout the play. And the set transforms in a way that the audience finds themselves in a completely different setting by the end of the production."

Fairfax Station's Jolanda Janczewski plays Melodie Melotone. "She's the dim-bulb debutante from a wealthy family. She's stuck-up, thinks she's better than everyone else and can't be bothered with solving a murder. After all, the murder happens in Clifton and she's from Fairfax Station. I especially like playing her as a really bad actress in the play within a play because that's when she's the most fun."

Janczewski said the "shameless plugs" given to the show's sponsors are also funny. "It's zany and typical community theater with faces the audience will recognize," she said. "And it's the community doing it for the community; the people sitting around you are your neighbors, so it really has a small-town feel."

Teri Pierce of Fairfax portrays Trixie, initially an undercover police officer. But after the murder takes place, she begins investigating. "She's serious and wants to get to the bottom of what's happened," said Pierce. "I love my part because it's my first dramatic role. I've done community theater for over 20 years, but always in musicals. So this is a new challenge for me."

She said all the cast members really like their parts and "it reflects in their work. They're really funny personas and I think that makes the audience enjoy it more."

Playing Det. Josie Mamet is City of Fairfax resident Terri Grimes-Marin. "She takes everyone in the show to the next step," said Grimes-Marin. "I love the 1940s time period, so I'm playing her as a throwback to then — like

a cross between Humphrey Bogart and Catherine Zeta-Jones. So she's smart with an edgy attitude, and tough, but with a feminine flair. It's also a challenge because it's a lot of lines to learn, but life's about challenges. And I get to ask the audience questions and make a connection with them, and I like that."

Grimes-Marin is also delighted to be performing with the Clifton Dinner Theater again. "It's great fun to do this," she said. "This is my sec-



PHOTO COURTESY OF CHARLOTTE YAKOVLEFF

Posing in character are (back row, from left) Stephanie Lawrence, James Manchester, Jolanda Janczewski, Helen Rusnak, Fred C. Lash and Terri Grimes-Marin; (middle row, from left) Charles Hoffman and Nichole Klocke de Rodriguez; and (in front) Lynne Strang. (Not pictured are Charlotte Yakovleff, Teri Pierce and Eric Rogotsky.)

ond show with the group and they're such nice people. I enjoyed myself immensely before, and I was thrilled that they asked me to audition. I was a theater major in college, and this is a great opportunity to do something I love and always wanted to do."

She said the audience will enjoy trying to figure out whodunit, and the ending will be a surprise. Besides that, said Grimes-Marin, "The whole town hall is transformed for the show, and everyone's so enthusiastic about the food and the setting. It's just a joyful experience."

The actors have been rehearsing since early January, and directing the 11-person cast is Centreville's Charlotte "Charlt" Yakovleff. It's

her third year directing this company and she says things are going wonderfully.

"The cast has been really dedicated about getting their lines and characters down," she said. "They've developed their characters well and brought them all to life. They also helped get their costumes together and gave me notes on how to enhance the production."

Excited to bring this show to local audiences, Yakovleff said they'll like "the zaniness of the characters and the evolution of the production, overall. They'll leave saying, 'Wow, that was a really unique concept for a play, with a good, creative twist.' I think they'll be shocked by the ending."

company, delivery service or sweepstakes. Residents are told their service will be discontinued unless they pay by phone immediately. Frightened at the thought of no heat, power or phone, for example, victimized seniors provide their account numbers and payment information over the phone.

Additionally, many of the calls are made under the pretense that the information is required to send out important documents such as new health- insurance or Social-Security cards.

Typically, these calls arrive during the weekdays.

Callers are both male and female; they may speak quickly or with an accent so that it may be difficult to understand what's said. Often, callers know basic information about the victim, including name, age and address.

Some potential victims have challenged the callers, who've then become frustrated and hung up.

Police remind residents, particularly older adults and their caregivers, never to provide personal or financial information over the phone. Verify the legitimacy of companies requesting funds using phone valid, official phone numbers. People believing they may have been victimized should make a report at <https://www.fairfaxcounty.gov/police/crs/>.

Food Donations For WFCM

Western Fairfax Christian Ministries' food pantry needs donations of spaghetti sauce, canned fruit, rice (2-lb. bags), canned pasta, peanut butter, canned tuna and meat, hot and cold cereal, fruit juice, and pancake mix and syrup. Bring all items to WFCM'S new food-pantry location at 13888 Metrotech Drive, near Papa John's Pizza and Kumon Learning Center, in Chantilly's Sully Place Shopping Center.

ROUNDUPS

FROM PAGE 3

located \$600,000 toward improvements to the intersection, and VDOT and its consultant have been working on conceptual design improvements.

At the upcoming meeting, VDOT will present its findings and Frey will gather community input on the improvements proposed. After the presentation, there'll also be a question-and-answer period. For more information, call Frey's staff member, Mike Coyle, at 703-814-7100.

Beware of Phone Scam

Dozens of senior citizens have been victimized by telephone scammers in recent weeks, and Fairfax County police are urging residents not to give out or verify financial information over the phone.

In the latest scam, victims are receiving calls from someone pretending to be from a utility

ENTERTAINMENT

Email announcements to centreview@connectionnewspapers.com. Photos welcome.

ONGOING

The **Airbus IMAX Theater at National Air and Space Museum Udvar-Hazy Center**, 14390 Air & Space Museum Parkway, is showing movies including "Hubble," "Fighter Pilot," "Space Junk," and "Jack the Giant Slayer" from March 29 through May 23. "Jack the Giant Slayer" last show is April 10. Visit <http://airandspace.si.edu/udvarhazy/> or call 703-572-4118 for the schedule.

REGISTER NOW

Young Actors' Workshop. June 24-28 from 9 a.m.-noon at Westfield High School. Students in grades 3-6 can discover the artist inside themselves through games, acting exercises and more. \$125. Visit www.westfieldtheatreboosters.com for an enrollment form or call 703-488-6439. Register early as space is limited and camp sells out.

WEDNESDAY/MARCH 6

Toddlin' Twos. 10:30 and 11:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children age 2 can enjoy stories and activities. Free. Registration required. 703-502-3883.

AARP Tax Assistance. 1-5 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Preference given to older adults. Free. 703-830-2223.

Mystery Book Discussion Group. 7 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Adults can call and ask for title. Free. 703-502-3883.

THURSDAY/MARCH 7

Small Wonders. 11 a.m. at Centreville Regional Library, 14200 St. Germain Drive. Children age 13-23 months can enjoy stories and activities. Free. Registration required. 703-830-2223.

Talk. 11 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Get answers about palliative care and support. Free. Registration required, 703-502-3883.

Tax Assistance. 6 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Adults can get help from IRS-certified volunteers. Free. 703-502-3883.

Pathway to U.S. Citizenship. 7 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Learn about the process from U.S. Citizenship & Immigration Services staff. Childcare provided for children age 4-12. Register at Washington.communityrelations@dhs.gov.

English Conversation Group. 7 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Adults can practice with other students. Registration required. 703-502-3883.

Book Group. 7 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Teens in grades 7-8 can participate. Call for title. Free. Registration required. 703-502-3883.

FRIDAY/MARCH 8

Comedy Showcase. Doors open at 7:30 p.m., show starts at 8 p.m. at Sully's Restaurant and Lounge, 14513 Lee Jackson Memorial Highway, Chantilly. Mike Finazzo headlines, with Ralph Cooper, Dawud Shabazz and Max Rosenblum. Jon Yeager is the host. \$5/cover includes DJ after. 703-818-9292.

English Conversation Group. 1 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Adults can practice with other students. Registration required. 703-830-2223.

Ready for School Storytime. 1:30 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children ages 4-5 can enjoy stories and more. Free. Registration required. 703-502-3883.



Easter Bunny Visits Fair Oaks

Beginning Friday, March 8 through Saturday, March 30 during all shopping hours, children and their families will have the opportunity for photos with the Easter Bunny. This year, the Easter Bunny's home moves to the Fair Oaks Grand Court. Every child will receive a special gift just for visiting the Easter Bunny.

Fair Oaks will also offer families two opportunities to have their pets' pictures taken with the Easter Bunny. The annual Fair Oaks Mall "Bunny Paws" will be offered on Saturday, March 23 from 8-9:30 a.m. and Sunday, March 24 from 6-7:30 p.m. Fair Oaks will donate \$10 to the Fairfax County Animal Shelter with every Photo Package A ordered. Owners with their dogs and cats will be able to access Fair Oaks Mall during "Bunny Paws" hours only from the lower level south east entrance adjacent to Todai Japanese Seafood Buffet. All pets must be on a leash or in a lightweight cage or pet carrier with a harness. Dogs and cats must be up-to-date with their shots and owners will be responsible for their pets at all times.

Fair Oaks Mall will be closed on Easter Sunday, March 31.

Performance. 7:30 p.m. at Providence Presbyterian Church, 9109 Little River Turnpike, Fairfax. The Riverbend Opera Company performs. \$25/general; \$15/student.

SATURDAY/MARCH 9

Tax Assistance. 10 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Adults can get help from IRS-certified volunteers. Free.

Kaleidoscope Storytime. 10:15 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. All ages can enjoy a sensory storytime focusing on the strengths and adapting to children on the autism spectrum and with other developmental disabilities. Free. Registration required. 703-502-3883.

English Conversation Group. 3:30 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Adults can practice with other students. Registration required. 703-830-2223.

MONDAY/MARCH 11

Bouncin' Babies. 10:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Babies up to 11 months can enjoy rhymes, songs, stories and more. Free. Registration required. 703-502-3883.

Small Wonders. 11:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children ages 12-23 months can enjoy rhymes, songs and more. Free. Registration required. 703-502-3883.

Book Group. 2:15 p.m. at Chantilly

Regional Library, 4000 Stringfellow Road. Children in grades 3 and 4 can participate. Call for title. Free. Registration required. 703-502-3883.

Writers of Chantilly. 6:45 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Adults can share their work and receive feedback. Free. 703-502-3883.

ESL Book Club. 7 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Ask for title. 703-830-2223.

TUESDAY/MARCH 12

English Conversation Group. 10:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Adults can practice with other students. Registration required. 703-502-3883.

Small Wonders. 10:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children ages 12-23 months can enjoy rhymes, songs and more. Free. Registration required. 703-502-3883.

Thriving Three to Fives. 11 a.m. at Centreville Regional Library, 14200 St. Germain Drive. Children age 3-5 can enjoy stories and activities. Free. Registration required. 703-830-2223.

Bouncin' Babies. 11:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Babies up to 11 months can enjoy rhymes, songs, stories and more. Free. Registration required. 703-502-3883.

Storytime. 1:30 p.m. at Chantilly

SEE CALENDAR, PAGE 16

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WELLBEING

George Mason University Professors Fred Bemak and Rita Chi-Ying Chung will be honored by the American Counseling Association for their dedication to human rights, social justice and culturally sensitive mental health treatment.

PHOTO COURTESY OF GEORGE MASON UNIVERSITY



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Counseling Professors Honored

Cultural sensitivity at the heart of their work.

BY MARILYN CAMPBELL
CENTRE VIEW

Fred Bemak and his wife Rita Chi-Ying Chung, who are both professors at George Mason University in Fairfax, recall being in Haiti shortly after the catastrophic earthquake of 2010. They were there to provide mental health counseling to those traumatized by the natural disaster.

"We were working in one of the tent camps," said Bemak who, with Chung, has been a professor of counseling and development in George Mason's College of Education and Human Development since 2000. "There were tents and each contained about 30 cots. People lived side-by-side with no privacy. There was little food and little water."

They worked with a woman who was so traumatized that she had been unable to get out of bed for three months. "The traditional response is 'let's get her off to the side and speak to her alone,'" said Bemak. "But that is the Western model of therapy. When you're looking at family-oriented communities, there is a tremendous need to connect with others."

As Bemak spoke with his bed-ridden patient, others began to join the session. "We started to talk to her and crowds started to gather around her cot," he said. "It became a huge healing intervention where for the first time in three months, she got out of her cot. We had a [session] that was conducive to the community in Haiti."

Bemak and Chung's peers will salute their dedication to human rights, social justice and culturally sensitive mental health treatment later this month when they receive two of the American Counseling Association's highest honors.

Chung will receive the Gilbert and Kathleen Wrenn Humanitarian and Caring Person Award, which Bemak was awarded in 2011, and Bemak will receive the Kitty Cole Human Rights Award, which Chung garnered last year. Additionally, Chung will receive the 2013 Outstanding Faculty Award from the State Council of Higher Education for Virginia

and Dominion Resources.

"I am deeply honored that I was even considered for these awards. It is a true honor. I feel so privileged to be in this field," said Chung, who noted that her background fuels her passion for her work.

"I am a person of color and I grew up in another country," said Chung, whose parents moved from China to New Zealand after the World War II. "Being an immigrant to the United States myself, I understood the struggles and challenges of immigrants and refugees. A lot of counseling theories are based on western beliefs. Coming from an eastern background, I know that culture plays a major part in the way we react and respond to major life experiences."

Bemak worked as a counselor and also served as director of the Upward Bound Program at the University of Massachusetts, Amherst. "I worked with white, African American and Latino students who were struggling academically," he said. "When they came together, for many it was the first time that they'd been around people of other races."

Bemak and Chung say cultural sensitivity and insights are often lacking in mental health care. This underscores the importance of their work with Counselors Without Borders, which Bemak founded. It provides culturally responsive humanitarian counseling after disasters. Together, they've led teams of therapists and students in providing mental health therapy along the Mississippi Gulf Coast after Hurricane Katrina, and on American Indian reservations and in Latino migrant communities after the San Diego wildfires.

"The two of them have traveled to more than 55 countries, together and individually, where they have worked with at-risk youth, immigrants and refugees; counseled child-trafficking and post-disaster victims; and guided students of color and former child soldiers," said Catherine Probst, a spokeswoman for George Mason University.

The couple also co-authored "Social Justice Counseling: The Next Steps Beyond Multiculturalism" last year.

"We both do the work because we want to give back," said Chung. "We're trying to instill in the next generation of counselors to give back. I am not working to be recognized, but I hope this will inspire people to do the work because there is so much need out there."

"A lot of counseling theories are based on Western beliefs. Coming from an Eastern background, I know that culture plays a major part in the way we react and respond to major life experiences."

— Rita Chi-Ying Chung, Ph.D.

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SCHOOLS



Chantilly's victorious forensics team members are (front row, from left) Shannon Darroch, Hattie Clougherty, Chloe Vasquez, Roshni Gorur, Aish Iyer and Kathryn Herbert. Back row, from left, are Matthew Tillman, Greg Baker, John Downey and Namrata Jacob. (Not pictured: Matt Calvert, Diego Encarnacion and Justine Clougherty.)

CHS Forensics Team Captures Regional Title

Chantilly High's forensics team won the forensics regional title, Feb. 13, at Westfield High.

The following Chantilly students qualified for states: First Place - Prose, Roshni Gorur; First Place - Humorous Duo, Chloe Vasquez and John Downey; First Place -

Serious Duo, Justine Clougherty and Diego Encarnacion; Third Place - Serious Duo, Greg Baker and Matthew Calvert; and Fourth Place - Dramatic Interpretation, Shannon Darroch.

The state championship will be held March 23 in Harrisonburg.



Chantilly's champion debate team members are (front row, from left) Sultan Seraj, Jonah Williams, Alex Watson, Priya Chandrasekaran and Aish Iyer. Back row, from left, are Ethan Clelland, Yung-Hsiang Shih and Vikram Iyer.

CHS Debate Team Wins Districts

Chantilly High's debate team won the district title, Jan. 27, at Westfield High. The team will now compete in the regional tournament to be held Saturday, April 6, at Westfield.

SCHOOL NOTES

Email announcements to centreview@connectionnewspapers.com. Deadline is Thursday at noon. Photos are welcome.

Jamie Sawatzky, who teaches social studies at Rocky Run Middle School, will represent the school at the Spirit of '45 National Leaders Confer-

ence in San Diego Feb. 15-18. This interactive conference supports the Spirit of '45 national movement, which includes plans for a nationwide commemoration of the 70th anniversary of the end of World War II in August 2015. Sawatzky founded the World War II oral history project at Rocky Run
SEE SCHOOLNOTES, PAGE 13

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Mountain View Students Volunteer At Family Shelter

FROM PAGE 1

for the American Red Cross.

Led by ESOL teacher Cesar Zuniga, a group of students also visited the Katherine Hanley Family Shelter. They donated toiletries they'd collected for the residents there, toured the facility and then cleaned up the grounds outside.

Greeting the contingent from Mountain View was Nurjan Ahmedova, the facility's community and volunteer coordinator. Pleased with both the donations and the visit, she said, "This is a great thing; thank you so much."

She then told the students a little about the shelter, while showing them around the dining room and children's playroom. "People ideally stay here for 45 days, but the average is 59 days," said Ahmedova. "Housing is expensive in Fairfax and we provide them with support to help them find employment and housing."

Since the majority of the residents are mothers with young children, she said the shelter especially needs babysitting help on weeknights, from 7-8 p.m. On Tuesday and Thursday evenings, they receive life-skills classes from Lord of Life Lutheran Church volunteers; and on Wednesdays, they meet with housing locators.

"We're always looking for help, and we never turn anyone away," said Ahmedova. "If it wasn't for the community, we couldn't do half of what we can do for the residents. We have lots of dedicated volunteers."

She also thanked the Mountain View students for coming to the shelter and picking up trash outside. "It's going to get warmer and the kids will want to go out and play," she said. "We have only one building manager and he can't do



From left: Students Mayrene Rivera and Brenda Orrellana team up to pick up trash together.

everything, so this is absolutely a big help."

As for the students, they were happy to do it. "We feel excited about helping out others," said junior Nelson Lopez.

"I went classroom to classroom, asking for donations of lotion, shampoo, paper towels and hygiene supplies," added senior Maricela Avelar. "We can donate something we don't need and that they'll use. And I donated blood in the morning; I feel great helping people who really need it."

"As teachers, we want to develop the whole student, and part of it is teaching them to give back to their community," said Zuniga. "One of them, Nelson Diaz, just passed his U.S. residency test so, to him, it has a deeper meaning, giving back to his new country."

But, said Zuniga, the exercise benefited all the students. "They're all getting something out of it and learning how important it is to help others," he said. "They also feel more a part of the community in which they live."



Mountain View students carry in supplies they collected for and donated to the Katherine Hanley Family Shelter. (From left) are Luis Asencio, Erick Cruz, Rebecca Guzman, Nelson Lopez and Victor Mendes.

PHOTOS BY BONNIE HOBBS/CENTRE VIEW



A group photo of the Mountain View students who volunteered last week at the Katherine Hanley Family Shelter.

'At Some Time, Everyone Needs a Helping Hand'

FROM PAGE 2

for jobs, a resume with volunteer work on it will help get their foot in the door. "You can capture the interest of an employer by showing you've helped others and care about your community and the people around you," he said. "And now, with the financial situation,

people really need to step up, more than ever, to help their communities."

He noted that, in January, President Obama designated Martin Luther King Day as a National Day of Service. "But each one of us can contribute and do the right thing, all year long," said Constantine. "Anyone can serve; you don't have to have a college

degree to do it."

Standing before the students last week, he showed that, no matter what hand is dealt to someone, he or she can still do their best to help themselves and others.

After being shot, Constantine got married, remained in the Marine Reserves and started a foundation to help other wounded

warriors. Today, he's a motivational speaker who speaks to a variety of audiences about how courage, a positive attitude and teamwork can help people overcome adversity and obstacles in their lives.

"Your challenge is to be great and to serve," he told the students. "It'll make a difference in your life."

SCHOOL

From Chantilly to Nashville

After winning nationals, GBW's chess team preps for another tourney.

BY BONNIE HOBBS
CENTRE VIEW

Fresh from winning a national championship in December, Greenbriar West Elementary's fifth-grade chess team is heading for the Super Nationals in May.

At the National K-12th Grade Chess Championships in Orlando, Fla. — where more than 1,300 chess players from 40 states competed — GBW's Ryan Xu, Revanth Vejju and Vivian Cao-Dao vied against 15-20 other teams. The event was conducted by the U.S. Chess Federation (USCF), and when the three-day, seven-round tournament was over, they'd captured the fifth-grade team championship by a landslide.

"We were really happy," said 10-year-old Revanth. "We were all exuberant."

However, Vivian, 11, was a bit surprised "because we played teams from all over the U.S." But Ryan, 10, thought they'd do well "because I knew we were leading [in points] by a lot and we had the highest average team rating."

Players receive individual points for their victories. "Then they add up the team points, and whoever has the most wins," said Vivian.

"They only count the top three scores from each team because some teams had more than three players," said Ryan. GBW's team received 15.5 points total. Revanth and Vivian each got 4.5 points, and Ryan got 6.5 to become the fifth-grade co-champion, for which he won a trophy.

Ryan joined the school's chess club in first grade; Vivian, in second grade; and Revanth, in third grade. The club meets twice a week — Mondays for advanced players and Thursdays for all levels of expertise. And all three students prepared in advance for the competition.

"I studied tactics from chess-exercise books and practiced them," said Vivian. "I also play online chess."

Revanth did the same thing. In addition, he said, "I decided on how to do the first through 15th moves. Technically, that's the most important part [of a game of chess]."

However, added Ryan, "Practicing tactics is also important because it's the only easy to win the game. And we all have private coaches who help us with our



PHOTO BY BONNIE HOBBS/CENTRE VIEW

Holding their team trophy are GBW's fifth-grade, national chess champions (from left) Revanth Vejju, Vivian Cao-Dao and Ryan Xu.

weaknesses."

"We usually work with them an hour a week," said Vivian.

The young chess players also explained why they enjoy chess so much. "It challenges your mind, and I like making decisions," said Ryan. "I also like how you can make lots of friends through it."

"It has so many twists and turns, and it's like a jigsaw puzzle," said Vivian.

Agreeing, Revanth said, "There are so many challenges, and it's lots of fun. Doing something very well and winning gives you a nice feeling inside."

In this area, said Ryan, there are many tournaments in which both children and adults compete. For example, in January, Vivian participated in the Chesapeake Open in Rockville, Md. "I meet other girl chess players that way," she said. "I enter a lot of these open tournaments and play against a lot of adults."

Revanth has also beaten adult players several times, as have Ryan and Vivian. "It depends on how strong they are," said Vivian.

Added Ryan: "The adults tend to think slowly and not rush their

moves, so they don't make a lot of mistakes."

Through competition, the GBW chess players have also received national ratings from the USCF, which rates each player, regardless of age. "About 100 is the lowest rating and 3,000 is the highest," said Vivian. "I'm a 1,600," she said. "But 2,500 is really hard to get — it's like a grand master."

"Chess makes you feel really good when you win, and you want to play more and more," she continued. "I have two brothers who play chess, so they inspired me, but I wish there were more girls playing. There are only about 500 girls out of 3,000 people in a world open."

Now, the team is looking forward to competing in the Super Nationals in May in Nashville, Tenn. "It's a big tournament that happens only once every four years, and it's for high-school, middle-school and elementary-school players."

For this event, though, a team is comprised of four players, so another student will join the trio. So how do they think they'll do? Revanth replied, "We'll do well."

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7023 Veering Ln.....\$559,950.....Sun 1-4.....Kathleen Quintarelli.....Weichert..703-862-8808

Centreville

6487 Trillium House Ln.....\$964,900.....Sun 10-4.....Jean Marotta.....Birch Haven..703-402-9471
6106 Kendra Way.....\$305,000.....Sun 1-4.....Ritu Desai.....Samson Props..703-625-4949

Chantilly

42344 Astors Beachwood \$830,000..Sun 1-4.....Vera Buonafede.....Weichert..703-501-5015

Clifton

6408 Foggy Hills Way.....\$639,500.....Sun 1-4.....Janet Gresh.....Keller Williams..703-636-3588
6417 Springhouse Cir.....\$629,999.....Sun 1-4.....Robin Jenks Vanderlip.....Keller Williams..703-966-4966

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7131 Twelve Oaks Dr.....\$1,295,000.....Sun 1-4.....Pat Richter..Residential Preferred..703-239-1234
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Kingstowne/Alexandria

5819 Jane Way.....\$749,990.....Sun 1-3.....Cine Wright.....Keller Williams..703-861-8017
6153 Gardenia Ct.....\$384,950.....Sun 1-4.....Tom & Cindy & Assoc.....Long & Foster..703-822-0207
6572 Osprey Point Ln.....\$424,950.....Sun 1-4.....Anita Mason.....Weichert..703-627-6624
6583 Grange Ln #302.....\$310,000.....Sun 1-4.....Judyann Pfarnar.....Samson Props..703-989-8767

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8132 Drayton Ln.....\$775,000.....Sun 12-4.....Dee Nofal.....Weichert..703-569-9700
7912 Laurel Valley Way.....\$469,000.....Sun 1-4.....Bobbyd Dillard.....Keller Williams..703-964-1290

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All listings due by Tuesday at 3 P.M.



PHOTO COURTESY OF WEAREVILLE.COM

Centreville junior and Concorde District tournament MVP Jenna Green cuts a piece of the net after the Wildcats won the district title.

Centreville Girls' Basketball Earns Several Awards

The Centreville girls' basketball team finished the 2012-13 season with a 24-3 record. The Wildcats captured the program's first district title since 1993 and advanced to the Northern Region semifinals.

Multiple individuals received recognition for being part of Centreville's successful season.

Junior point guard Jenna Green was named first-team All-Northern Region, first-team All-Concorde District and Concorde District Tournament MVP.

Senior Tori Collar was named second-team all-district and was a member of the all-district tournament and all-region tournament teams. Head coach Tom Watson was named district Coach of the Year.

Spring Season Openers

The Westfield, Centreville and Chantilly baseball teams will open their respective 2013 season next week.

Chantilly will travel to McLean to face the Highlanders at 6 p.m. on Tuesday, March 12. Westfield will host Woodbridge at the same time, and Centreville will travel to face Marshall at 6:30 p.m. on Thursday, March 14.

The Chantilly boys' lacrosse team, which finished Northern Region runner-up and AAA state runner-up to Langley last season, will travel to face Broad Run at 7:15 p.m. on Wednesday, March 13. Westfield boys' lacrosse, which finished Concorde District runner-up to Oakton last year, will open the 2013 season at Dominion at 7:30 p.m. on Tuesday, March

12. The Centreville girls' lacrosse team finished district runner-up to Oakton and reached the region semifinals in 2012. This year, the Wildcats will open at home against Yorktown at 7:15 p.m. on Wednesday, March 13.

The Chantilly girls' soccer team won the Concorde District title in 2012 before losing to Madison in the opening round of regionals, finishing with a 13-2-1 record. The Chargers will open this season on the road against Thomas Jefferson at 5:30 p.m. on Thursday, March 14.

The Chantilly softball team defeated Oakton for the Concorde District title last season. The Chargers will open the 2013 campaign at home against Washington-Lee at 6:30 p.m. on Tuesday, March 12.

PHOTOS BY BONNIE HOBBS/CENTRE VIEW



Thick, wet, heavy snow blankets the parked cars in foreground while a mother and child cross the street.

A Snow Day

The local area received 3 or 4 inches of heavy, wet snow on Wednesday, March 6, but strong winds blowing it around made it hard to measure.



Heavy snow falls Wednesday, around 12:30 p.m. Schools and government offices were closed.



These boys brave the cold and wind to build a snowman in their backyard.



The finished product — a snowman complete with eyes and a carrot nose.

SCHOOLS



PHOTOS CONTRIBUTED

Rocky Run Middle School Girls Basketball Team

Middle Schools to Battle in Basketball

The fourth annual Rocky Run Middle School vs. Franklin Middle School basketball games will be held Friday, March 15, from 6-9 p.m., in the Chantilly High gym. There'll be three games; first will be school staff, then girls and then boys.

Snacks and beverages will be available. Tickets are \$4 in advance at each school and \$5 at the gate. The Rocky Run Choir will be performing the National Anthem, and Rocky Run's Dance Team will perform. There'll also be a deejay, and the Rocky Run court will be announced.



Rocky Run Middle School Boys Basketball Team



Rocky Run Middle School Dance Team

SCHOOL NOTES

FROM PAGE 9

in 2004, which, over the past nine years has included interviews by students with hundreds of eyewitnesses to World War II who have shared their personal accounts of the war. Many of these interviews have been videotaped and are now part of the Veterans' History Project at the Library of Congress. Rocky Run students also meet honor flights of World War II veterans arriving at local airports to visit the World War II memorial under Sawatzky's guidance.

As a conference participant, Sawatzky will work with youth leaders from around the country on the Spirit of '45 program, a national commemoration and celebration of the end of World War II in the planning stages.

Steven Bowen, of Fairfax, a third year school of pharmacy and health professions student at Creighton University, was named to the fall dean's list for the 2012-2013 academic year.

Kurt Hansen, of Fairfax, was named to the University at Albany's fall 2012 dean's list for outstanding academic achievement.

The following students at Virginia Tech were named to the dean's list for the fall semester: **Caroline M. Bailey** is a sophomore majoring in accounting and information systems in the Pamplin College of Business. **Raaj H. Bhavsar** is a sophomore majoring in university studies. **Katherine E. Boyd** is a sophomore majoring in psychology in the College of Science. **Brett O. Boyle** is a sophomore majoring in aerospace engineering in the College of Engineering. **Hunter V. Brigman** is a senior majoring in biochemistry in the College of Agriculture and Life Sciences. **John Paul K. Cook** is a freshman majoring in political science in the College of Liberal Arts and Human Sciences. **David E. Cooper** is a sophomore majoring in aerospace engineering in the College of Engineering. **Daniel**

P. Cotter is a sophomore majoring in business in the Pamplin College of Business.

The following students at Virginia Tech were named to the dean's list for the fall semester: **Kaitlyn M. Cotter** is a senior majoring in communication in the College of Liberal Arts and Human Sciences. **Joseph A. Danehower** is a senior majoring in engineering science and mechanics in the College of Engineering. **Brian Dang** is a sophomore majoring in finance in the Pamplin College of Business. **Brooke M. Daniels** is a freshman majoring in university studies. **David Digiorgio** is a senior majoring in electrical engineering in the College of Engineering. **Jacqueline K. Falatko** is a senior majoring in computer science in the College of Engineering. **Caroline S. Gray** is a junior majoring in hospitality and tourism management in the Pamplin College of Business. **Gregory M. Jenks** is a senior majoring in computer science in the College of Engineering.

The following students at Virginia Tech were named to the dean's list for the fall semester: **Stephanie A. Jones** is a senior majoring in finance in the Pamplin College of Business. **Arth H. Joshi** is a sophomore majoring in university studies. **Caroline I. Kew** is a junior majoring in finance in the Pamplin College of Business. **Danna H. Kim** is a sophomore majoring in physics in the College of Science. **Vaishnav Krishnan** is a senior majoring in mechanical engineering in the College of Engineering. **Liang-Ying Lu** is a freshman majoring in university studies. **Alexandra S. Manikas** is a sophomore majoring in psychology in the College of Science. **Ariana R. Mollers** is a freshman majoring in communication in the College of Liberal Arts and Human Sciences. **Brittany L. Noble** is a senior majoring in biological sciences in the College of Science. **Thomas J. O'Connor** is a senior majoring in electrical engineering in the College of Engineering.

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"E-male"



By KENNETH B. LOURIE

My oncologist is a man. He has e-mail. He works for an HMO that encourages/advertises its connectivity and responsiveness – electronically, to its members. If I want to get medical answers in a reasonable amount of time – save for an emergency, typing, “mousing” and clicking is the recommended methodology. No more phone calls, preferably. Though pressing keys on a keyboard rather than pressing buttons on a phone might have felt counter-intuitive at first as a means of receiving prompt replies, it has proven over these past few years to be a fairly reliable and predictable information loop. Not in minutes necessarily, but more often than not during the same day – and almost always by the very next day. In fact, I’ve received e-mails from my oncologist as late as 9:18 p.m. (time-stamped) after a sometime-during-the-day e-mail had been sent. The content of the sent e-mail has almost always been helpful or constructive, even instructive concerning the issue at hand. I’ve never felt disconnected, though; alone maybe, but that’s more because, other than our three cats, there is rarely anyone else at home with me. Being a salesman can sometimes be a solitary pursuit. And though there are many advantages – freedom and independence being the two most important, occasionally you find yourself alone with your thoughts, literally.

Attempting to speak directly with my oncologist during the day – at my convenience, given the too-numerous-to-list responsibilities of his non-stop, double-booked routine, seems a bit unrealistic. And if there’s anything I’ve learned during this cancer experience, it would be to minimize/manage my expectations in a way – any way, to avoid any totally understandable but fairly unhelpful jumps to discouraging conclusions. Patience can be a virtue, although being one of many, less so. And though I consider myself an important patient (I would imagine most “terminal” patients would characterize themselves as such) and thus deserving/expecting exceedingly prompt and predictable feedback, the reality appears to be somewhat less Kenny-centric. Not that I need constant care (I don’t, thank God!) or reassurance for that matter; however, when your oncologist shortens up your life expectancy by say, 30 years, you kind of think/feel that you’ve risen to the top of his to-do list. Which I certainly don’t know that he has/keeps. If he did/does, perhaps my placement on it would warrant a more immediate reply, electronic or otherwise. Nevertheless, my diagnosis-to-date sense has been that though I am likely on a list, there are probably other equally less fortunate people who have become listed as well. All of whom feel as I do: that they’re the most important name on that list – real or imagined.

Apparently, for the medical system’s exchange of information and for the treatment of patients to sync, e-mail has to suffice. And though it may have taken me a little while to sync up, I am now a regular e-mailer to my doctor and an equally regular receiver of his electronic expertise. It’s not perfect, but four years into it, I feel fortunate to have the access that I do. It’s not exactly any port in a storm, but the weather has been inclement and having lines of communication available to me 24/7 has smoothed out many rough patches.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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THURSDAY/MARCH 7

NCAA Night. 7 p.m. in the Westfield Cafeteria. College athletes can learn how to get noticed, recruited and more. Free.

FRIDAY/MARCH 8

Scholarship Deadline. High school seniors must submit their application form online to be eligible for a scholarship from the Virginia, Maryland & Delaware Association of Electric Cooperatives Educational Scholarship Foundation. Detailed information is available at www.vmdaec.com or 804-968-7153.

MONDAY/MARCH 11

Discussion. Discussion of plans to build the Outer Beltway west of Route 28 and impacts on traffic and taxes in Fairfax from 7-9 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Presentations by Coalition for Smarter Growth and Prince William Conservation Alliance. Sponsored by the Sierra Club. Roger Diedrich, rdiedrich@cox.net; 703-352-2410.

TUESDAY/MARCH 12

Civil War Lecture. 7 p.m. at Cabell's Mill in Centreville. Lt. Col. Bill Hewitt will discuss the Gettysburg Campaign and July 1 battle. Donation of \$5 will be accepted for Sully Historic Site. Reservations required, 703-437-1794.

WEDNESDAY/MARCH 13

Kindergarten Registration. 6:30-8 p.m. at Colin Powell Elementary School. Visit www.fcps.edu/start/kindergarten.htm for forms and information.

SATURDAY/MARCH 16

Carnival. 11 a.m.-3 p.m. at Poplar Tree Elementary School, 13440 Melville Lane. Enjoy beach and boardwalk themed games, cake walks, raffle and more. Tickets available at the door. Proceeds benefit the school's programs and activities.

Volunteer Information Session. 11 a.m.-noon at John Marshall Library. Learn about becoming a volunteer to help a child who enters the Fairfax County Domestic & Juvenile Relations Court system. For reservations visit www.fairfaxcasa.org or 703-273-

3526.

Event. Donate to The Josh Anderson Foundation, which helps prevent teenage suicide. The Rock 'n' Roll Half Marathon/Marathon run is the largest fundraising event. Visit www.active.com/donate/joshafoundation2013 for more.

SUNDAY/MARCH 17

SoberRide. 4 p.m.-4 a.m. Area residents can call the toll-free phone number 1-800-200-TAXI and be afforded a no-cost safe way home (up to a \$30 fare). AT&T customers can dial #WRAP for the same service. For more information, visit www.soberride.com.

MONDAY/MARCH 18

Scholarship Application Deadline. High school seniors can apply for \$1,500 scholarship from Northern Virginia Electric Cooperative. Visit www.novec.com/community/index.cfm and select "scholarships" or contact Donna Snellings at dsnellings@novec.com or 703-392-1511.

Spring Pruning. 7 p.m. at Centreville Presbyterian Church, 15450 Lee Highway. Presented by David Yost of Merrifield Garden Center. Free. Visit centrevillegardenclub.blogspot.com

for more.

WFCWC Meeting. 7 p.m. at Greenbriar Community Center, 4615 Stringfellow Road. "Protect Yourself from Financial Scams" is the topic. Free. 703-631-7093.

SATURDAY/MARCH 23

Art and Silent Auction. 7 p.m. at Westfields Marriott, 14750 Conference Center Drive. Tickets are \$25 online or \$30 at the door, with discounts for multiple tickets. Held by Homeless Animals Rescue Team. Visit www.hart90.org for more.

SUNDAY/MARCH 31

Information Session. 2 p.m. at Fairfax County Animal Shelter. Learn how to become a volunteer or foster parent. RSVP to kristen.auerbach@fairfaxcounty.gov or 703-324-0208.

FRIDAY-SUNDAY/APRIL 5-7

Weekend Conference. General sessions aimed at people in grade 7 through adult; student sessions and more at Centreville Baptist Church. Nursery for ages 0-4 available on a first-come, first-serve basis. Visit www.bcbva.org/aig for more information.

CALENDAR

FROM PAGE 7

Regional Library, 4000 Stringfellow Road. Children ages 3-5 can enjoy stories and activities. Free. Registration required. 703-502-3883.

AARP Tax Assistance. 4-8 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Preference given to older adults. Free. 703-830-2223.

WEDNESDAY/MARCH 13

Toddlin' Twos. 10:30 a.m. or 11:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children age 2 can enjoy stories and activities. Free. Registration required. 703-502-3883.

AARP Tax Assistance. 1-5 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Preference given to older adults. Free. 703-830-2223.

Bouncin' Babies. 3 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Babies up to 11 months can enjoy rhymes, songs, stories and more. Free. Registration required. 703-502-3883.

Small Wonders. 4 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Ages 12-23 months can enjoy rhymes, songs and more. Free. Registration required. 703-502-3883.

Starlight Storytime. 7 p.m. at Centreville Regional Library, 14200 St. Germain Drive. All ages can bring a stuffed animal and enjoy stories and fun. Free. Registration required. 703-830-2223.

Chantilly Book Discussion Group. 7:30 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Adults can call and ask for title. Free. 703-502-3883.

THURSDAY/MARCH 14

Tax Assistance. 6 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Adults can get help from IRS-certified volunteers. Free.

Civil War Lecture. 7 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Adults and school age children can call for lecture title. Free. 703-830-2223.

English Conversation Group. 7 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Adults can practice with other students. Registration required. 703-502-3883.

FRIDAY/MARCH 15

Comedy Showcase. Doors open at 7:30 p.m., show starts at 8 p.m. at Sully's Restaurant and Lounge, 14513 Lee Jackson Memorial Highway, Chantilly. Jared Stern headlines with Haywood Turnipseed Jr. and Drey Tobin Dailey. Matt Mero hosts. \$5/cover includes DJ after. 703-818-9292.

ESL Conversation Group. 1 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Adults can practice with others learning English. Free. 703-830-2223.

SATURDAY/MARCH 16

Tax Assistance. 10 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Adults can get help from IRS-certified volunteers. Free.

Bravo for Spanish. 10:30 a.m. at Centreville Regional Library, 14200 St. Germain Drive. Children ages 3-6 can enjoy music, movement, stories and more. Free. Registration required. 703-830-2223.

Magic and Mayhem. 2:30 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Grades 6-8 enjoy a sci-fi/fantasy book discussion. Call for title. Free. 703-502-3883.

Competition Concert. 5 p.m. at Mondzac Performing Arts Center at Landon School, 6101 Wilson Lane. The Symphonette at Landon School presents the finals of its annual Young Strings Competition. \$18/adult; \$15/senior; students free. Visit www.landon.net/symphonette or 301-320-1090.

Communities of Worship

To highlight your faith community, call Karen at 703-917-6468

CENTREVILLE

THE CHURCH OF THE ASCENSION



Traditional Anglican Service
1928 Book of Common Prayer

Holy Communion 10 A.M. Sundays
(with Church School and Nursery)

Evening Prayer and Bible Study 7 P.M. Wednesdays
13941 Braddock Road, (north off Rte. 29) Centreville, VA
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Sunday Services at Centreville Presbyterian Church



Loving Christ



Loving People



Serving the World

Sunday Worship with us:
8:45 & 11:00am
with Sunday School
at 10:00am

www.centrevillepres.com
15450 Lee Highway,
Centreville, VA 20120
703-830-0098



Centreville
PRESBYTERIAN CHURCH

ANGLICAN

Church of the Epiphany...703-481-8601
Christ the Redeemer...703-502-1732

ASSEMBLY OF GOD

Centreville Assembly of God...703-830-1841

BAHA'I

Baha'i Faith...1-800-22-UNITE

BAPTIST

Centreville Baptist Church...703-830-3333
Chantilly Baptist Church...703-378-6880
Clifton Baptist Church...703-263-1161
Second Baptist Church...703-830-1850
Mount Olive Baptist Church...703-830-8769
Ox Hill Baptist Church...703-378-5555

BIBLE

Chantilly Bible Church...703-263-1188
Community Bible Church...703-222-7737

CATHOLIC

St. Andrew The Apostle Catholic Church...703-817-1770
St. Clare of Assisi Catholic Church...703-266-1310
St. Paul Chung Catholic Church...703-968-3010
St. Timothy Catholic Church...703-378-7461
St. Veronica Catholic Church...703-773-2000

EPISCOPAL

Church of the Epiphany...703-715-6070
St. John's Episcopal Church...703-803-7500

JEWISH

Congregation Yad Shalom...703-802-8901
Temple Beth Torah...703-263-2252

LUTHERAN

King of Kings Lutheran Church...703-378-7272
Lord of Life Lutheran Church...703-323-9500
St. Andrew Lutheran Church...703-830-2768

METHODIST

Centreville United Methodist...703-830-2684
Pender United Methodist Church...703-278-8023
Pleasant Valley United Methodist...703-327-4461

NON-DENOMINATIONAL

Centreville Community Church...703-580-5226
Christian Life Center...703-754-9600
Clear River Community Church...703-881-7443
Covenant Christian Center...703-631-5340
Fair Oaks Church...703-631-1112
New Life...703-222-8836

PENTECOSTAL

Capital Worship Center...703-530-8100
Church of the Blessed Trinity...703-803-3007

ORTHODOX

Holy Trinity Orthodox Church...703-818-8372
St. Raphael Orthodox Church...703-303-3047

PRESBYTERIAN

Centreville Presbyterian Church...703-830-0098
Chantilly Presbyterian Church...703-449-1354
Clifton Presbyterian Church...703-830-3175
Young Saeng Korean Presbyterian Church...703-818-9200

UNITED CHURCH OF CHRIST

Wellspring United Church of Christ...703-257-4111